

Lunch~Soups~Salads~Starters

Soup of the Day 4, 6

Grilled Caesar 10

Romaine halve brushed with our garlicky Caesar dressing charred and topped with shaved Pecorino Romano and crunchy croutons.

+ Add grilled shrimp for 6

Add Chicken for 4

GF Nicoise Salad 17

Lemon potatoes, green beans, and pickled onions on greens are the base for grilled shrimp topped with kalamata olives and grilled tomatoes.

Don's Calamari 13

Lightly breaded calamari complemented by a tangy Asian-style dipping sauce.

GF Truffle Dusted Fries 8

Crisp, hand-cut fries. Earthy, flavorful truffles. It's a match made in heaven.

GF Mushroom Crespelle 12

House-made crepe filled with sautéed mushrooms, caramelized onions, and aged Gruyere cheese.

Salt & Pepper, And Sugar Too! Wilton, Maine 207-645-7035

Chowder priced daily

GF The Big Salad 14

Crisp lettuces and assorted fresh veggies topped with avocado, chicken salad, bacon, blue cheese and over easy egg, with house lemon dressing.

The Small Salad 5

Small side salad with lettuce and fresh veggies.

The Wedge 10

Classic iceberg wedge with homemade blue cheese dressing and pickled red onion, and crispy bacon crumbles.

Chicken Fried Steak Fries 11

Dippable steak fries served with creamy country gravy. Delicious with a local draft!

GF V Zoodles of Noodles 10

Zucchini noodles in a sesame peanut dressing with bell peppers, carrots, scallions, and pea pods, topped with toasted sesame seeds.

GF Grilled Tomato Salad 10

Freshly grilled tomatoes and onions atop mixed greens and Athena's original dressing.

CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS. WE USE ALL NATURAL, NON-GMO PEANUT OIL FOR ALL DEEP FRIED FOODS.